

FORMED and The Six Tasks of Catechesis in the National Directory for Catechesis

1) Promote knowledge of the faith – Teach the "basics" of the faith as revealed in the signs of creation, Sacred Scripture, Catholic tradition and human experience.

Video Studies

- SYMBOLON Knowing the Faith [10 sessions] and Living the Faith [10 sessions]
- ECHO [United States Catholic Catechism for Adults][22 sessions]
- ANIMA [3 sessions]
- YDISCIPLE [90 sessions]

Audios

• Answering Common Objections [6 sessions]

Audiobooks

- What Catholics Really Believe
- Born Fundamentalist, Born Again Catholic

E-books

- Love Unveiled The Catholic Faith Explained
- Catholic Christianity A Complete Catechism of Catholic Beliefs Based on the Catechism of the Catholic Church
- Pocket Catholic Dictionary
- Open Wide the Doors to Christ Discovering Catholicism
- 2) Liturgical Education Teach about the form and meaning of the liturgy and the sacraments and help individuals prepare their minds and hearts to enter into these mysteries of our faith.

Video studies

- LECTIO EUCHARIST [10 sessions]
- REBORN [6 sessions]
- FORGIVEN [4 sessions]
- PRESENCE (coming soon)
- BELOVED [6 sessions]
- YDISCIPLE Sacraments [5 sessions]; Confirmation [5 sessions]; Called [5 sessions]

Audios

- Sacraments section [11 talks]
- Keep Holy the Sabbath
- The Fourth Cup

Audiobooks

If Your Mind Wanders at Mass

E-books

Sacraments in Scripture

3) Moral Formation – Teach the moral teachings of the Church which are the fulfillment of the Commandments.

Video Studies

- Who Am I To Judge [8 sessions]
- SYMBOLON Living the Faith [Episodes 5-10]
- YDISCIPLE Human Sexuality [20 sessions]
- YDISCIPLE Hot Topics [6 sessions]
- How to Talk About Marriage and Same Sex Unions [1 session]
- BELOVED The Mystery and Meaning of Marriage [12 sessions]

Audios

- Marriage and Family section [15 talks]
- Catholic Life section [20 talks]
- Current Topics section [13 talks]

E-books

- Practical Living section [14 books]
- Parenting section [8 books]
- 4) Teaching to Pray Teach that a "climate of prayer" and participation in prayer invites individuals into a personal relationship with Jesus Christ.

Video Studies

- LECTIO Prayer [6 sessions]
- Forty Weeks An Ignatian Path to Christ With Sacred Story Prayer [10 sessions]
- Opening the Word [session for every Sunday]

Audios

- Prayer section [12 talks]
- Discerning Hearts [16 talks]

Audiobook

Deep Conversion/Deep Prayer

E-books

- Prayer and Devotion section [13 books]
- The Power of Silence

5) Education for Community Life – Teach that the human person needs to live in society. Society is not optional, but a requirement of human nature.

Video Studies

- Wisdom and Works of Mercy [10 sessions]
- SYMBOLON Living the Faith Catholic Social Teaching [Session 9 & 10]

Audios

- Religionless Spirituality
- Abba or Allah?
- The Face of God
- I'm Not Being Fed
- Encountering the Poor
- Living the Gospel with the Heart of Pope Francis
- Anger and Forgiveness
- Counting Your Blessings
- From Love, By Love, For Love

E-books

- Practical Living section [14 books]
- Parenting section [8 books]
- 6) Missionary Initiative Teach that all Christian service is an expression of love and is performed by Christians for the purpose of building up the Kingdom of God on earth.

Video Studies

- Lectio: Evangelization [10 sessions]
- 33 Days to Morning Glory [6 sessions]
- Wisdom and Works of Mercy [10 sessions]
- YDISCIPLE: Follow Me [5 sessions]
- YDISCIPLE: Called Discover Your Vocation [5 sessions]
- YDISCIPLE: Disciplines of a Disciple [4 sessions]

Audios

- Evangelization section [8 talks]
- Answering Common Objections section [6 talks]
- Catholic Life section [15 talks]

Audiobook

Handbook of Catholic Apologetics

E-books

- How to Share Your Faith with Anyone
- How to Be Holy
- Catholic Street Evangelization
- The Catholic Family Handbook